

# Safety Tips

## Be aware of carbon monoxide



Do it right. Stay safe.

### Does your family know the danger signs?

A little knowledge goes a long way to ensuring your family's safety – make sure everyone in your family knows the signs of carbon monoxide, and what to do if they suspect it is present.

Carbon monoxide – sometimes called “the silent killer” – is a colourless, odourless gas that is produced by burning a carbon fuel such as propane, natural gas, wood, charcoal, alcohol, kerosene, or gasoline.

### Danger signs of carbon monoxide exposure include:

- flu-like symptoms such as headache, dizziness, drowsiness, fatigue, confusion, nausea or vomiting
- dying house plants
- condensation on the inside of the windows
- discoloration or soot build-up on heating appliances, the fireplace or at the warm air outlets of the heating system
- loose, disconnected, rusted or water-streaked vents on the chimney

### If you suspect carbon monoxide exposure, you should:

- leave the building immediately
- call 911 or your local fire department
- seek medical help

For extra peace of mind consider buying a Carbon Monoxide Alarm. Be sure the alarm is Canadian Standards Association (CSA) approved and follow the instructions in your owner's manual to ensure it is properly maintained.

